Iron Reagent

Order No. Description
R85195 4 x 100 mL, with standard

INTENDED USE
This set of reagents is intended for the quantitative in vitro measurement of iron in serum.

CLINICAL SIGNIFICANCE
Iron in the body is a necessary metal required not only for the synthesis of hemoglobin but also for many cellular enzymes and coenzymes. Iron is transported in serum bound to the protein transferrin. Normally, only about one-third of the available binding sites on transferrin are occupied by iron. The total iron binding capacity in serum therefore, includes the amount of iron already bound to the transferrin (serum iron) plus the amount of iron required to saturate the unoccupied binding sites of transferrin.

Clinically the determination of serum iron and total iron binding capacity is useful in the differential diagnosis of anemias and other iron disorders (1).

TEST SUMMARY
The spectrophotometric measurement of serum iron is accomplished by releasing the protein bound iron from its carrier protein transferrin and complexing the released iron with a suitable chromogen.

In our method the serum sample is added to an acidic buffered reagent containing hydroxylamine, thiourea and Ferene®.

The acid pH of the buffered reagent releases the iron which is in the ferric form from the transferrin (2). The released ferric iron is then reduced to the ferrous form by hydroxylamine. This ferrous iron reacts with Ferene to produce a colored complex. The absorbance of this colored complex, read at 595 nm, is proportional to the concentration of iron in the sample. The thiourea in the buffered reagent effectively suppresses any interference from copper (3).

REAGENT COMPOSITION
Serum Iron Buffer
Reactive ingredients:
- Hydroxylamine Hydrochloride 216 mmol/L
- Thiourea 26 mmol/L
Non-reactive ingredients:
- Buffers, stabilizers and preservatives

Chromogen
Reactive ingredients:
- Ferene 33 mmol/L
Iron Standard
Reactive ingredients:
- Iron 500 µg/dL
- Hydroxylamine Hydrochloride 719 mmol/L

REAGENT PREPARATION
Prepare the Serum Iron Color Reagent by mixing 1 mL of Iron/TIBC Buffer (Cat. No. R85164VI) with 50 mL of Serum Iron Buffer (Cat. No. R85164VI). This color reagent is stable for 6 weeks stored at 2–8 °C. Store in amber container and protect from light. Bring Color Reagent to room temperature prior to use.

REAGENT STORAGE AND STABILITY
The reagents as supplied are stable at 2–8 °C until the expiration date on the bottle label. The prepared color reagent is stable for 6 weeks at 2–8 °C. Mix and store the color reagent in amber container free of iron contamination; protect from light (see Reagent Preparation, above).

PRECAUTIONS
Avoid contact with skin and eyes. In case of contact with eyes, rinse immediately with plenty of water and seek medical advice. After contact with skin, wash immediately with plenty of water for at least 10 minutes. If swallowed, seek medical advice immediately and show this container or label.

Good laboratory safety practices should be followed when handling any laboratory reagent. Refer to a recognized laboratory safety program for additional information. (See GP17-T, Clinical Laboratory Safety: Tentative Guideline (1994), National Committee on Clinical Laboratory Standards, Wayne, PA.)

Intended for in vitro diagnostic use only.

SPECIMEN COLLECTION AND STORAGE
Use only serum samples, free of hemolysis, separated from the clot as soon as possible. DO NOT use hemolyzed samples. DO NOT use heparinized plasma. Use only iron-free tubes and syringes to collect blood samples. Serum iron is stable for at least 4 days at 18–25 °C and 7 days at 0–5 °C (4).

INTERFERING SUBSTANCES
Drugs and other substances that interfere with the determination of iron have been reported by Young (5, 6).

MATERIALS REQUIRED BUT NOT PROVIDED
1. Spectrophotometer or colorimeter capable of measuring absorbance at 595 nm.
2. Matched cuvettes, preferably with 1 cm light path.
3. Pipettes to measure reagents and samples.
4. Distilled or deionized water.
5. Constant temperature water bath. Temperature is not critical but should be constant.

MATERIALS PROVIDED
Reagents for the quantitative measurement of serum iron.
1. Serum Iron Buffer, Cat. No. R85164VI, 4 x 100 mL.
2. Iron/TIBC Chromogen, Cat. No. R85166VI, 1 x 10 mL.
3. Iron Standard, Cat. No.R85167VI, 1 x 100 mL.

TEST PROCEDURE
Bring Iron Color Reagent to room temperature prior to performing assay. Set up assay as follows:

<table>
<thead>
<tr>
<th>Water</th>
<th>Blank</th>
<th>Test</th>
<th>Water</th>
<th>Blank</th>
<th>Test</th>
<th>Water</th>
<th>Blank</th>
<th>Test</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 mL</td>
<td>–</td>
<td>2 mL</td>
<td>0.4 mL</td>
<td>–</td>
<td>0.4 mL</td>
<td>–</td>
<td>0.4 mL</td>
<td>–</td>
</tr>
<tr>
<td>Sample</td>
<td>–</td>
<td>–</td>
<td>Sample</td>
<td>–</td>
<td>–</td>
<td>Sample</td>
<td>–</td>
<td>–</td>
</tr>
</tbody>
</table>

Mix. Incubate tests and blanks at 37 °C for 10 minutes. Set instrument to 595 nm and adjust to zero absorbance with distilled or deionized water. Read and record the absorbance of each test and its respective blank at 595 nm. Subtract the absorbance of each blank from the absorbance of its respective test. This is the corrected absorbance (A<sub>c</sub>) for each test: water, sample and standard.

\[
A_c = A_{test} - A_{blank}
\]

CALIBRATION
This assay requires the use of an iron standard which is an integral part of the assay. Use only the iron standard provided with this reagent as a calibrating standard. The use of other iron standards may not produce accurate results.

QUALITY CONTROL
Serum controls are recommended to monitor the performance of manual and automated assay procedures, providing a continued screening of the instrument, reagents and technique. Commercially available control material with established values for serum iron and TIBC concentrations may be used. Assayed Control Serum, Level 1 (Cat. No. R83082) and Level 2 (Cat. No. R83083) are recommended for this purpose.

Avoid contact with skin and eyes. In case of contact with eyes, rinse immediately with plenty of water and seek medical advice. After contact with skin, wash immediately with plenty of water for at least 10 minutes. If swallowed, seek medical advice immediately and show this container or label.
CALCULATIONS

\[(A_c \text{ sample}) - (A_c \text{ water}) \div (A_c \text{ standard}) - (A_c \text{ water}) \times C_{\text{std}} = \text{serum iron in } \mu\text{g/dL.}\]

where \(C_{\text{std}}\) is the concentration of the standard in \(\mu\text{g/dL}.\)

Sample Calculation:

\[A_c \text{ sample} = 0.098\]
\[A_c \text{ standard} = 0.525 \text{ for } 500 \mu\text{g/dL iron}\]

Then:

\[\frac{0.098 - 0.010}{0.525 - 0.010} \times 500 = 85 \mu\text{g/dL}\]

LIMITATIONS OF THE PROCEDURE

1. Samples with serum iron concentrations higher than 500 \(\mu\text{g/dL}\) should be diluted with iron-free water and the assay repeated. Multiply the results by the dilution used.

2. The use of incubation temperatures lower than 37 °C will require an incubation time longer than 10 minutes for the reactions to reach completion. Ensure that the reaction has reached completion at the selected temperature.

REAGENT PERFORMANCE

1. Linearity: The assay is linear to 500 \(\mu\text{g/dL}\).

2. Correlation: Results obtained with this reagent for serum iron were compared with those obtained using a similar commercial reagent (Sigma Chemical Company). Fifty-seven serum samples were assayed ranging in serum iron concentrations from 11 \(\mu\text{g/dL}\) to 246 \(\mu\text{g/dL}\). The correlation coefficient was 0.981 and the regression equation was:

\[y = 0.96x + 8.81\]

3. Precision:

<table>
<thead>
<tr>
<th></th>
<th>Within Run</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean (µg/dL)</td>
<td>96</td>
<td>92</td>
</tr>
<tr>
<td>SD (µg/dL)</td>
<td>2.50</td>
<td>2.90</td>
</tr>
<tr>
<td>CV (%)</td>
<td>2.6</td>
<td>3.1</td>
</tr>
<tr>
<td>N</td>
<td>11</td>
<td>10</td>
</tr>
</tbody>
</table>

REFERENCE RANGE

The reported (2) reference range for serum iron in adult men is 70–180 \(\mu\text{g/dL}\) and for adult women 60–180 \(\mu\text{g/dL}\).

It is recommended that each laboratory establish its own reference range.

REFERENCES


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